



**SESSION**  
**2025-26**



# SARASWATI VIHAR SENIOR SECONDARY SCHOOL.

CHUNEHTI RAILWAY CROSSING, DELHI ROAD, SAHARANPUR- 247001  
CBSE AFFILIATION No. 2130544

## SYLLABUS CLASS VII TERM I



Subject- English				
Class-VII Term-I				
Prescribed book		Chapter		
		<b>April</b>		
Together with English	Week-2	The diary of a young girl		
		Television		
		<b>Making button bracelet ACTIVITY</b>		
	Week-3	An interview with Kailash Satyarthi		
Bravia Grammar Book	Week-4	The sentence, the phrase and the clause	PT-1	
		Application writing		
	Week-5	Nouns		
		<b>Puzzle finding activity</b>		
		<b>May</b>		
	Week 1	Noun case, Number and gender		
		Vocabulary		
Together with English	Week 2	Shangrila		
		What will be your legacy?		
		<b>Inter class debate competition ACTIVITY</b>		
	Week 3	The Journey of Discovery		
	Week 4	The Hound of the Baskerville continue...		
		<b>Poster making ACTIVITY</b>		
		<b>July</b>		

			Half Year
Bravia Grammar Book	Week 1	The Hound of the Baskerville	
		The Pronouns: kinds of pronoun	
	Week 2	Adjective:Its kinds	
		Degree of Adjectives	
		<b>Crossword activity</b>	
Together with English	Week 3	The legend of sleepy Hollow	
	Week 4	The heavens above	
		The white seal continue...	
	Week 5	The white seal	
		Vocabulary	
Bravia Grammar Book			
		<b>Class discussion</b>	
		<b>August</b>	
Bravia Grammar Book	Week 1	Notice Writing	
Together with English	Week 2	Kamli: The Neighbour's Cow	
	Week 3	The boy who laughed at Santa Claus	
		<b>Homophone game</b>	
Bravia Grammar Book	Week 4	Tenses continue..	
	Week 5	Tenses	
		Articles :A,An,The	
		<b>Opposite words</b>	
	Week 1	Revision	

कक्षा 7-हिंदी पाठ्यक्रम		
प्रथम सत्र (2025-26)		
अप्रैल		
<u>दीपशिखा-2</u>		PT 1
<u>WK-2</u>		
1. इस माटी को नमन करें हम (कविता)		
2. शहीद बकरी (गतिविधि पंचतंत्र की कथा)		
<u>व्याकरण निधि</u>		
<u>WK-3</u>		
1.भाषा तथा व्याकरण PT-I		
<u>WK-4</u>		
2. वर्ण विचार		
<u>बाल महाभारत</u>		
<u>WK-4&amp;5</u>		
अध्याय 1 से 5		
मई		
<u>दीपशिखा-2</u>		
<u>WK-1</u>		
3 कर्तव्य परायणता		
<u>WK-2</u>		
4. विश्व नागरिक बने		
5.बड़े सपने देखें (गतिविधि- जीवन परिचय एपीजे अब्दुल कलाम)		
<u>व्याकरण निधि</u>		
<u>WK-3</u>		
3.संधि		
4.शब्द विचार		
<u>WK-4</u>		
5. शब्द भंडार		
16 वाक्य रचना तथा अशुद्धि शोधन		
<u>बाल महाभारत</u>		
जुलाई		
<u>दीपशिखा-2</u>		
<u>WK-1</u>		
6. हार की जीत		

7. तिरुवल्लुवर	
WK-2	
8. तीन कुंडलियाँ	
<u>व्याकरण निधि</u>	
17. विराम चिन्ह	
WK-3	
6.उपसर्ग और प्रत्यय	
7. संज्ञा	
<u>बाल महाभारत</u>	
WK-4	
अध्याय 6 से 10	
WK-5	
अध्याय 11 से 15	
अगस्त	
<u>दीपशिखा-2</u>	
WK-1&2	
9. अकल बड़ी या भैंस (मौखिक गतिविधि मुहावरों से संबंधित संवाद)	
10.जिद	
WK-3	
11. बाल लीला	
<u>व्याकरण निधि</u>	
WK-3	
9 संज्ञा के विकारक तत्व	
WK-4	
10. सर्वनाम	
मुहावरे, अनुच्छेद,	
औपचारिक पत्र, अपठित	
<u>बाल महाभारत</u>	
WK-5	
अध्याय 16 से 20	
सितंबर- पुनरावृत्ति	

SYLLABUS OF MATHEMATICS 2025-26						
CLASS VII						
PRESCRIBED BOOK - The new book of Mathematics (M. L. AGGARWAL)						
TERM I						
CHAPTER NAME		WEEK				
APRIL						
CHAPTER 1	INTEGERS	WEEK 2	EXCERCISE 1.1, 1.2	PT 1		
		WEEK 3	EXCERCISE 1.3, 1.4			
			ACTIVITY: BY CASE STUDY			
CHAPTER 2	FRACTIONS AND DECIMALS	WEEK 4	EXCERCISE 2.1, 2.2			
			EXCERCISE 2.3, 2.4			
MAY						
		WEEK 1	EXCERCISE- 2.5 ACTIVITY: MULTIPLICATION OF DECIMAL NUMBERS USING GRID			
CHAPTER 3	RATIONAL NUMBERS	WEEK 2	EXERCISE-3.1,3.2			
		WEEK 3	EXCERCISE- 3.3 ACTIVITY: MAGIC SQUARE			
JULY						
CHAPTER 4	EXPONENTS AND POWERS	WEEK 1	EXCERCISE- 4.1		HALF YEARLY EXAMINATION	
		WEEK 2	EXCERCISE- 4.2,4.3 ACTIVITY: LAWS OF EXPONENTS			
CHAPTER 5	ALGEBRAIC EXPRESSIONS	WEEK 3	EXCERCISE- 5.1			
		WEEK 4	EXCERCISE- 5.2 ACTIVITY: FACTORS BY TREE DIAGRAMS			
CHAPTER 6	LINEAR EQUATIONS	WEEK 5	EXCERCISE- 6.1,6.2			

AUGUST			
CHAPTER 11	SYMMETRY	WEEK 1	EXCERCISE- 11.1
		WEEK 2	EXCERCISE- 11.2 ACTIVITY: BY USING COLOURED THREAD
CHAPTER 12	VISUALISING SOLID SHAPES	WEEK 3	EXCERCISE- 12.1, 12.2
		WEEK 4	EXCERCISE- 12.3 ACTIVITY:USING DICE
		WEEK 5	REVISION
SEPTEMBER			
		WEEK 1	REVISION

SARASWATI VIHAR SENIOR SECONDARY SCHOOL					
SUBJECT - SOCIAL SCIENCE (2025-2026)					
Class-VII					
Prescribed Book -Excellence in Social Science				Publisher - Prachi	
TERM -I					
MONTH	WEEK			EXAM	ACTIVITY
S.NO					
	APRIL				
1	Ch-1 Tracing Changes Through a Thousand Years (History)	WEEK-2	Emeregence of a new era	PT - I	Creativity
			India:New and old terminologies,Role of historian		
			Bookwork + Question Answers		
2	Ch-1 Environment(Geography)		Components of environment		Poster Activity
		WEEK-3	Natural and Human-Made Environment		
			Diagrams+Bookwork+Question Answers		
3	Ch-1 On Equality (Civics)		Equality, Government Institutions		Hands on Learning
		WEEK-4	Inequality		
			Article 15		
		WEEK-5	Bookwork + Question Answers	Half-yearly	
	MAY				
4	Ch-2 Kings and Kingdoms(History)	WEEK-1	Pala and Rashtrakuta dynasty		Application Skills
			Administration in the Kingdoms		
			Turkish Invasions		
			Bookwork+Question Answers+Map		
5	Ch-2 Inside Our Earth(Geography)	WEEK-2	Structure of the Earth,Classification of Rocks		Poster Making
			RockCycle		
			Diagrams+Bookwork+Question Answers		
6	Ch-2 Role of the Government in Health (Civics)	WEEK-3	Meaning of Health,Public Health Services		Let's Explore
			Private Health Services		
			Bookwork		
	JULY				
		WEEK-1	PT-1 Revision		
7	Ch-3 Delhi: 12th to 15th Century (History)	WEEK-2	The Slave Dynasty,The Khalji Dynasty		Let's Explore
			Land Revenue Administration		
			Division of Empire		
			Bookwork+Question Answers+Map		
8	Ch-3 Our Changing Earth(Geography)	WEEK-3	Earth Movement,Volcanoes		Creative Skills
			Earthquakes,Degradation and Aggradation		
			Courses of River		
			Work of Ice and Waves		
			Bookwork+Question Answers+Diagrams		
9	Ch-3 How the State Government Works	WEEK-4	The Legislature,Universal Adult Franchise		Art Integration
			Election and Political Parties		
			System of Elections and Election Commission		
			Book work + Question Answers		
10	Ch-4 The Mughals (History)(Activity)	WEEK-5	Lineage of Mughals		Communication skills
			Land Revenue System and Administration		
			Trade and The decline of the Mughal Empire		
			Bookwork		
	AUGUST				



11	Ch-4 Air(Geography)	WEEK-1	Composition of the Atmosphere	Art Integration
			Structure of the Atmosphere	
		WEEK-2	Weather,Climate and Air Pressure	
			Bookwork+Question Answers+Diagrams	
12	Ch-4 Growing up as Boys and Girls (Civics) (Activity)	WEEK-3	Meaning of Gender	Learn by doing
			Gender Roles in Different Areas	
			Gender Equality	
			Book work + Question Answers	
13	Ch-5 Tribes, Nomads and Settled Communities(History)	WEEK-4	Interaction between the Tribal Groups and the Indian Society	Map Activity
			The Gonds and The Ahoms	
			Book work + Question Answers+Map	
		WEEK-5	REVISION	
	SEPTEMBER	WEEK-1	REVISION	



<p align="center"><b><u>SUBJECT - SCIENCE (2025-26)</u></b>  <b><u>PRESCRIBED BOOK-: e-Science</u></b>  <b><u>PUBLISHER- RACHNA SAGAR PVT. LTD.</u></b>  <b><u>TERM-I</u></b></p>		
CHAPTER	MONTH	Exam
Nutrition in Plants	April (Week -2)	PT-1
	Types of nutrition	
	Leaves- The plant food factories	
	Heterotrophic mode of nutrition	
	April (Week -3)	
	Special mode of nutrition	
	Book Work + Question Answers	
	Diagrams + Smart Class	
	Activity : To show that sunlight is necessary for photosynthesis.	
	April (Week -4)	
Acids Bases and Salts	Acids and Bases	
	Chemical Reaction	
	Acid Rain	
	Bases and Indicators	
	April (Week -5)	
	Salts	
	Classification and Uses of Salts	
	Book Work + Question Answers	
	May (Week -1)	
	Diagrams+ Smart Class	
	Activity : To test acids and alkalies in laboratory.	
Nutrition in Animals	May (Week -2)	
	Nutrition in Amoeba	
	Nutrition in humans	
	Teeth	
	Nutrition in Herbivores	
	May (Week -3)	
	Book Work + Question Answers	
	Diagrams+ Smart Class	
	Activity: To study Human Dentition	
	July (Week -1)	
	Matter and its State	
	Chemical Equations	
	July (Week -2)	

<b>Physical and Chemical Change</b>	Types of Chemical Reactions	<b>Half - Yearly Exam</b>
	Rusting of Iron	
	Book Work + Question Answers	
	Diagrams+ Smart Class	
	<b>Activity: To demonstrate a Decomposition Reaction</b>	
<b>HEAT</b>	<b>JULY (Week -3)</b>	
	Temperature	
	Measurement of Temperature on different scales.	
	Types of Thermometer	
	<b>JULY (Week - 4)</b>	
	Transfer of Heat.	
	Advection	
	<b>JULY (Week - 5)</b>	
	Book Work + Question Answers	
	Diagrams+ Smart Class	
	<b>August (Week -1)</b>	
	<b>Activity : To Understand Heat Transfer in Metals.</b>	
<b>Respiration in Organisms.</b>	Breathing and Respiration.	
	Respiration in Humans.	
	Respiratory Organs.	
	<b>August (Week -2)</b>	
	Respiration in Plants.	
	Book Work + Question Answers	
	Diagrams+ Smart Class	
	<b>Respiration</b>	
<b>Electric - Current</b>	<b>August (Week -3)</b>	
	Electric Current	
	Components of Electric Circuit	
	Magnetic Effect of Electricity.	
	<b>August (Week -4)</b>	
	Book Work + Question Answers	
	Diagrams+ Smart Class	
	<b>Activity : To show that Electric current produce heat</b>	
	<b>SEPTEMBER REVISION &amp; HALF-YEARLY EXAM</b>	

SYLLABUS OF COMPUTER SCIENCE 2025-26				
CLASS VII				
PRESCRIBED BOOK - DIGICODE AI				
TERM I				
CHAPTER	WEEK	CHAPTER NAME		
April			PT 1	HALF YEARLY EXAMINATION
CHAPTER 3	WEEK 2	Advanced Feature of Excel		
	WEEK 3	Advanced Feature of Excel		
CHAPTER 4	WEEK 4	ACTIVITY: Using PRODUCT FUNCTION calculate the price of 5 Items		
	WEEK 5	Algorithmic Intelligence ACTIVITY: Draw a diagram of Information Processing		
May				
	WEEK 1	Revision		
	WEEK 2	App development		
CHAPTER 1	WEEK 3			
	WEEK 4	ACTIVITY: Generate QR code Using App Inventor		
July				
	WEEK 1	Practice Test		
	WEEK 2	Revision		
CHAPTER 2	WEEK 3	Krita		
	WEEK 4			
	WEEK 5	ACTIVITY: Using Krita write your details over the image		
August				
CHAPTER 7	WEEK 1	Humans and Machines		
	WEEK 2	ACTIVITY: Draw a diagram of Google Voice Search App		
	WEEK 3	Revision		
		Practice Test		
	WEEK 4	Revision		
	WEEK 5	Practice Test		
September				
	WEEK 1	Revision		

कक्षा 7	
संस्कृत पाठ्यक्रम	
पाठ्य पुस्तक- सूकृतिका	
अप्रैल	
पाठ- 1 संस्कृत वर्णमाला (सर्वनाम प्रयोग)	PT-1
पाठ- 2 क्रिया परिचय	
व्याकरण:-	
फलों तथा शरीर के अंगों के नाम	
शब्द रूप-लता	
मई	
पाठ 3 कारक प्रयोगाः (कर्ता-कर्म च)	HALF-YEAR
पाठ 4 कारक प्रयोगाः (करणम् सम्प्रदानम् च)	
पाठ 5 कारक प्रयोगाः (अपादानम् सम्बन्धम् च)	
व्याकरण:-	
भू धातु के रूप	
पशु पक्षियों के नाम	
जुलाई	
पाठ 6 कारक प्रयोगाः ( अधिकरणम् सम्बोधनम् च)	
पाठ 7 सुभाषितानि	
पाठ 8 गणतंत्र दिवसः	
पाठ 9 अहम् वृक्षः अस्मि	
व्याकरण	
भानु शब्द रूप, हस धातु रूप	
1-10 तक गिनती	
अगस्त	
पाठ 10 सत्संगति	
पाठ 11 भागीरथी गङ्गा	
पाठ 12 पुनः मूषकः भव	
पाठ 13	
व्याकरण:-	
चित्र वर्णन	
अपठित	
सितम्बर	
पुनरभ्यास	

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<b>Term 1 Exam</b>	September
	Revision
	Half Yearly Exam



<b>कक्षा 7 बोधमाला</b>
<b>पाठ्यक्रम</b>
<b>प्रथम सत्र (2025- 26)</b>
•विद्यालय गीत •भोजन मंत्र
• सरस्वती वंदना (हिन्दी)
<b>अध्याय</b>
1.हमारी भारत माता 2. हमारा भारत राष्ट्र 3. हमारी भारतीय संस्कृति
4. हमारी परिवार व्यवस्था
5. हमारी ज्ञान परंपरा
<b>•जीवनियाँ</b> - जो कक्षा में करवाई जाएँगी।
<b>पाठ्यक्रम द्वितीय सत्र (2025- 26)</b>
•विद्यालय गीत •भोजन मंत्र
• सरस्वती वंदना (हिंदी)
<b>अध्याय</b>
6. हमारी वैज्ञानिक परंपरा
7. हमारा गौरवशाली अतीत
8. हमारी संस्कृति का विश्व संचार
<b>•जीवनियाँ</b> - जो कक्षा में करवाई जाएँगी।